



Report Shows Disparities in Patient Activation

[Lower Engagement in Personal Health Tied to Poor Overall Health, Low Income and Less Education](#)

Consumers who have poorer overall health, less education and a lower income, or who are Medicaid enrollees, are less likely to be engaged in their health care, says a new research brief released by the Center for Studying Health System Change (HSC) and sponsored by the Robert Wood Johnson Foundation.

The brief, *How Engaged are Consumers in Their Health and Health Care, and Why Does It Matter?*, finds that consumers with lower patient activation levels lack basic knowledge, confidence and support on how to manage their health. People with chronic conditions also had lower levels of activation, and only 48 percent reported that their health care provider helped them set goals to improve their diet.

HSC collected data from more than 17,000 people who answered the 13-item Patient Activation Measure survey. The survey findings suggest that disparities in patient activation can have implications on overall health care cost and outcomes.

- [Read the news release.](#)
- [Download the research brief.](#)

You have received this e-mail alert because you have elected to receive information from the Robert Wood Johnson Foundation on: **Quality Health Care, Disparities or Nursing.**

[Add Your Profile to RWJF.org](#)

E-mail Services now offers you the opportunity to include a profile. This will help us enhance our content selection and deliver improved subscription services.

Manage Subscriber Profile:

[Unsubscribe from all e-mail](#) | [Update your subscription choices](#) | [Subscribe](#)