



The Satcher Health Leadership Institute  
BEHAVIORAL HEALTH |  **MOREHOUSE**  
SCHOOL OF MEDICINE

## 2010 Minority Fellowship Program Intensive Summer Institute

Reducing Substance Abuse and  
Mental Health Disparities through  
Culturally Competent Leadership,  
Health Policy, Research, and Practice

August 23-25, 2010

Atlanta, Georgia

  
Minority Fellowship Program

  
**AMERICAN NURSES  
ASSOCIATION**

A Life in the Community for Everyone  
  
Substance Abuse and Mental Health Services Administration  
U.S. Department of Health and Human Services

A SAMHSA MFP at ANA

# Reducing Substance Abuse and Mental Health Disparities through Culturally Competent Leadership, Health Policy, Research, and Practice

August 23 – 25, 2010

## Objectives

At the end of the 2010 Intensive Summer Institute (ISI), Fellows will be able to:

1. Lead efforts in integrating high-quality interdisciplinary research, policy, and practice with culturally competent approaches to substance abuse and mental health disorders prevention and treatment across the life span and in diverse settings.
2. Articulate effective mechanisms for intellectual networking, human and social capital development across disciplines and among various cultural populations for the purpose of addressing gaps in research, policy, and practice that will help to eliminate health disparities.
3. Develop individual plans that are embedded with research, policy, and practice based on knowledge and skill sets that are necessary for interdisciplinary collaboration in substance abuse and mental health systems that promote equity and consumer-centered care.

## Program Outline

### Monday – 8.23.10

- 2:00 p.m. – 2:30 pm: **Registration**  
**The Hyatt Regency Atlanta Vinings Room**  
265 Peachtree Street, NE  
Atlanta, GA
- 2:30 p.m. – 3:30 pm: **Reception and Welcome**  
**Hyatt Regency Atlanta Vinings Room**  
• Greetings and Overview of the SHLI **David Satcher**  
• Greetings and Overview of the ISI **Faye Gary**  
**Conveners:** Marife Aczon-Armstrong  
Tanya Sorrell
- 3:45 p.m. – 4:30 pm: **The Center of Behavioral Health at the SHLI**  
• Post-Doctoral Fellowship in Mental Health **Martha Okafor**  
• Post-Doctoral Fellowship Experiences in Mental Health **Brian McGregor**  
**Conveners:** Bruce Kafer  
Brandon Respress

## Monday – 8.23.10

4:30 p.m. – 5:00 p.m.: **Travel to The Carter Center**  
One Copenhill, 453 Freedom Parkway  
Atlanta, GA

5.30 p.m. – 9:30 p.m.: **The Soloist: *Through the Eyes of Neuroscience, Journalism, Advocacy, and the Arts***  
The Carter Center Ivan Allen Pavilion  
**Conveners:** Suzette Lettsome  
Beverly Patchell  
Robert Pope  
Teresa Richardson

9:30 p.m. – 10:00 p.m.: **Travel to Hyatt Regency Atlanta**  
Bus will leave The Carter Center at 9:40 p.m.

## Tuesday – 8.24.10

**All Events held at Morehouse School of Medicine will be located in the Harris Building Blue Room**

7:00 a.m. – 8:00 a.m.: **Breakfast: Hyatt Regency Atlanta Vinings Room**  
**Conceptualizing Research about American Indian Caregivers of Adults**  
**Mary Black**  
**Convener:** Tanya Sorrell

8:00 a.m. – 9:00 a.m.: **A Conversation with Terry Mills**  
**History of the Atlanta University Center**  
**Convener:** Aimee Fuller

9:15 a.m. – 9:45 a.m.: **Travel to Emory University**  
Marcus Autism Center  
1920 Briarcliff Road NE

10:00 a.m. – 11:30 a.m.: **A Conversation with Claire D. Coles**  
**Maternal Substance Abuse and Child Development**  
**Convener:** Gary Lawrence

11:30 a.m. – 11:50 a.m.: **Travel to Morehouse School of Medicine**

12:00 p.m. – 1:30 p.m.: **Lunch**  
**A Conversation with the 16th United States Surgeon General, Founder and Director,**  
**the Satcher Health Leadership Institute at MSM**  
**David Satcher**  
**Conveners:** Beverly Patchell  
Robert Pope

1:30 p.m. – 1:40 p.m.: **Break**

1:40 p.m. – 2:40 p.m.: **Integrating Mental Health and Primary Care from Concept to Policy Implementation**  
Panelists:  
•**George Rust** *Integrating Mental Health and Primary Care*  
•**John Bartlett** *The Integration of Mental Health and Primary Care from Concept to Policy Reality*  
**Convener:** Mary Black

2:40 p.m. – 2:55 p.m.: **Break**

2:55 p.m. – 3:55 p.m.: **Cherokee Health Systems Integrative Best Practice Models**  
**Suzanne Bailey** *Practice Reality of Integrating Primary Care and Behavioral Health in Cherokee Health Systems*  
**Convener:** Bruce Kafer

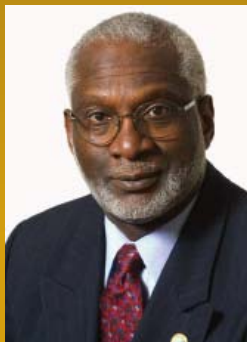
- 3:55 p.m. – 4:10 p.m.: **Break**
- 4:15 p.m. – 5:30 p.m.: **How Health Information Exchange and Performance Accountability are Advancing Health Systems**  
 Panelists:  
 •**Dominic Mack** *Health Systems Information Exchange and Health Practices*  
 •**David Ross** *Health Informatics and Its Impact on Quality and Performance*  
**Convener:** Marife Aczon-Armstrong
- 5:30 p.m. – 6:00 p.m.: **Travel to Hyatt Regency Atlanta**
- 6:30 p.m. – 8:30 p.m.: **Dinner and Panel Discussion**  
**Effective Cultural Competency and Practice Models**  
 Panelists:  
 •**Saundra Maass-Robinson** *Cultural Competency Models in Psychiatry*  
 •**Terry Mills** *Cultural Competency Approaches in Mental Health and Substance Abuse Practice and Research*  
**Conveners:** Aimee Fuller  
 Eugenia Millender  
 Teresa Richardson
- 8:30 p.m. – 10:00 p.m.: **The Use of Multivariate Statistics in Substance Abuse and Mental Health Policy, Practice, and Research**  
**Hossein N. Yarandi**  
**Conveners:** Mary Black  
 Brandon Respress

## Wednesday – 8.25.10

- 7:00 a.m. – 8:00 a.m.: **Breakfast: Hyatt Regency Atlanta Vinings Room**  
**Urban American Indians and Alaska Natives with Substance Use, Mental Health and Other Drug Use Disorders: A Descriptive Study**  
**Aimee Fuller**  
**Convener:** Tanya Sorrell
- 8:00 a.m. – 8:45 a.m.: **Travel to the Georgia Department of Behavioral Health and Developmental Disabilities (GA-DBHDD)**  
 2 Peachtree Street NW  
 24th Floor Room 280
- 8:45 a.m. – 9:30 a.m.: **Tour of GA-DBHDD**  
**Discussion with Division Directors: Substance Abuse, Mental Health and Developmental Disabilities**  
**Conveners:** Gary Lawrence  
 Eugenia Millender
- 9:30 a.m. – 10:30 a.m.: **Exploring Systematic Approaches for Treatment with Individuals with Mental Illness, Substance Abuse and Developmental Disabilities**  
 24th Floor Room 397  
 • Child and Adolescent Mental Health  
 • Prescription Drug Abuse among Children and Adolescents  
**Convener:** Beverly Patchell

- 10:30 a.m. – 11:45 a.m.: **A Conversation with GA-DBHDD Commissioner Frank Shelp**  
**Effective Systems of Care for People with Mental Illness, Substance Abuse and Developmental Disabilities**  
**Convener:** Suzette Lettsome
- 12:00 p.m. – 2:00 p.m.: **Lunch Lessons (Box Lunches)**  
**Discussion with Commissioner Shelp and Staff: Lessons Learned and Fellows' Perspectives as Emerging Leaders in Behavioral Health**  
24th Floor Room 397  
**Conveners:** Marife Aczon-Armstrong  
Mary Black  
Robert Pope
- 2:00 p.m. – 2:30 p.m.: **Travel to the Centers for Disease Control and Prevention(CDC)**  
1600 Clifton Rd NE Suite 2000
- 2:30 p.m. – 4:30 p.m.: **Keeping the Nation Safe**  
*Disease Control, Prevention and Safety*  
**Conveners:** Aimee Fuller  
Teresa Richardson
- 4:30 p.m. – 5:00 p.m.: **Travel to Hyatt Regency Atlanta**
- 5:30 p.m. – 7:00 p.m.: **Dinner and Panel Discussion**  
**Emerging Trends in Suicide & Substance Abuse Behaviors, Mental Health Recovery and Stigma Reduction**  
Panelists:  
•**Alex Crosby** *Emerging Trends Associated with Suicide and Substance Abuse Behaviors and Treatment Approaches*  
•**Rebecca Palpant** *National and Global Stigma Reduction Strategies at The Carter Center*  
•**Cynthia Wainscott** *Consumer and Advocacy Impact on Stigma Reduction, Recovery, and Wellness*  
**Conveners:** Bruce Kafer  
Suzette Lettsome  
Brandon Repp
- 7:00 p.m. – 7:30 p.m.: **Travel to MSM**  
Louis W. Sullivan National Center for Primary Care (NCPC) Auditorium
- 7:30 p.m. – 9:00 p.m.: **National Football League Community Huddle:**  
Taking a Goal Line Stand for Your Mind and Body  
NCPC Auditorium
- 9:00 p.m.: **Travel to Hyatt Regency Atlanta**

## SPEAKER BIOGRAPHICAL INFORMATION IS LISTED IN ORDER OF PRESENTATIONS



### **David Satcher, M.D. Ph.D.**

*Director, Satcher Health Leadership Institute and  
Center of Excellence on Health Disparities  
Poussaint-Satcher-Cosby Chair in Mental Health  
Morehouse School of Medicine  
16th Surgeon General of the United States  
Atlanta, GA*

Dr. Satcher is the Director of the Satcher Health Leadership Institute, which was established in 2006 at the Morehouse School of Medicine in Atlanta, Georgia. The mission of the Institute is to develop a diverse group of public health leaders, foster and support leadership strategies, and influence policies toward the reduction and ultimate elimination of disparities in health.

Dr. Satcher was sworn in as the 16th Surgeon General of the United States in 1998. He also served as Assistant Secretary for Health in the Department of Health and Human Services from February 1998 to January 2001, making him the second person in history to have held both positions simultaneously.

He is a graduate of Morehouse College, Atlanta, Georgia. He holds M.D. and Ph.D. degrees from Case Western Reserve University in Ohio. A proponent of healthy lifestyles through physical activity and good nutrition, Dr. Satcher is an avid runner, rower, and gardener.

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### **Faye A. Gary, Ed.D., R.N., F.A.A.N.**

*Medical Mutual of Ohio Kent W. Clapp Chair and Professor of Nursing  
Frances Payne Bolton School of Nursing  
Case Western Reserve University  
Cleveland, OH*

Dr. Gary is the Medical Mutual of Ohio Kent W. Clapp Chair and Professor of Nursing at Case Western Reserve University, Cleveland, Ohio, and the Executive Program Consultant to the SAMHSA Minority Fellowship Program at the American Nurses Association.

For more than three decades, Dr. Gary has participated in research and practice in child and adolescent mental health care and substance abuse disorders prevention and treatment. Her research and clinical interests include vulnerable children and youths with Attention Deficit and Hyperactivity Disorders, severe mental illnesses, and conduct disorders. Her work is culturally diverse and extends across global communities, including Ecuador, Brazil, South Africa, Uganda, Ethiopia, the Caribbean, China, Japan, and urban and rural regions across the United States.

Dr. Gary has served on several international and national committees and advisory boards, including the International Committee on Migrants and Refugees, and Chair, the National Advisory Council of the National Center on Minority Health and Health Disparities of the National Institutes of Health. She is an elected member to the board of directors, Mental Health American, Inc., the Joint Commission's Committee on Patient-Centered Care, and others.



**Martha Okafor, Ph.D., M.P.A.**

*Director, Behavioral Health, Satcher Health Leadership Institute  
Morehouse School of Medicine  
Atlanta, GA*

Dr. Okafor is the Director of Behavioral Health at the Satcher Health Leadership Institute at Morehouse School of Medicine and an Adjunct Assistant Professor in the Community Health and Preventive Medicine Department. Dr. Okafor is a Co-Principal Investigator on a federally funded grant designed to improve resiliency, attachment, and social-emotional and early brain development among children between the ages of 0-8 years.

She recently developed the national performance metrics for the U.S. Assistant Secretary's Office of Minority Health to guide the National Action Plan for health equity. She has developed many post-graduate curricula, including programs with concentrations on Homeland Security and Emergency Preparedness. She functioned as the Georgia State Deputy Public Health Officer until March 2009 and as the second in command officer for the Georgia State Child Welfare and Social Services agency. She has directed public health, mental health, Medicaid, child welfare, and social services programs at state and local levels in Connecticut and Georgia. She is participating in the development of national agenda for addressing health disparities in the U.S., under President Obama's administration. She holds a Ph.D. in Medical Anthropology and Health Care Management, and is certified in strategic management.

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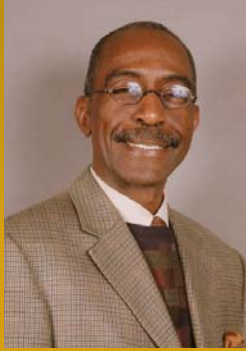


**Brian McGregor, Ph.D.**

*2009-2010 Health Policy Fellow, SHLI  
Morehouse School of Medicine  
Atlanta, GA*

Dr. McGregor is a Clinical and Community Psychologist. He is a past fellow of the American Psychological Association, specializing in the treatment and prevention of substance abuse among ethnic and racial minorities.

Dr. McGregor has served as a clinician and supervisor of psychological services in a maximum security state correctional facility. In that position, he led an interdisciplinary treatment team that provided individual and group therapies, crisis intervention, non-mental-health staff training, and continuous quality assessment. In September 2009, Dr. McGregor joined the SHLI as a Health Policy Leadership Fellow in the behavioral health track where he is investigating intervention and policy strategies that could be used to integrate mental health and primary care, and reduce stigma that is associated with mental illness. He is also developing socio-ecological models to support community re-integration of individuals with mental illness who have been released from departments of corrections. Dr. McGregor also writes about and is an advocate for progressive criminal justice policy.



**Terry Mills, Ph.D.**

*Margaret Mitchell Marsh Dean of Humanities and Social Sciences and Professor  
Morehouse College  
Atlanta, GA*

Dr. Mills is the Margaret Mitchell Marsh Dean of Humanities and Social Sciences, and Professor of Sociology at Morehouse College. Formerly, he was an Associate Professor of Sociology at the University of Florida (UF), Assistant Dean of the Graduate School, and Director of the Office of Graduate Minority Programs. Subsequently, he served as Associate Dean for Minority Affairs at UF. Dr. Mills received the Teacher-of-the-Year Award and the Presidential Medallion for Distinguished Service at UF.

His research focuses on social, environmental, and physical health factors associated with late-life depression, and intergenerational relationships. He is the Deputy Editor of the Journal of Family Issues and he is on the editorial board for the Journal of Applied Gerontology. Widely published, he has edited a two-volume edition of the Journal of Family Issues. Dr. Mills is the Recipient of the Outstanding Mentor Award from the Gerontological Society of America Taskforce on Minority Issues in Aging, and the recipient of the William R. Jones Outstanding Mentor Award.

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**Claire D. Coles, Ph.D.**

*Professor of Psychiatry and Behavioral Sciences and Pediatrics  
Emory University School of Medicine  
Atlanta, GA*

Dr. Coles is Director of the Fetal Alcohol Center at the Marcus Autism Center, a Division of Children's Health Care of Atlanta. She graduated from Oglethorpe University and Emory University in Atlanta and completed post doctoral fellowships in Human Genetics at Grady Memorial Hospital, Division of Psychiatry and Behavioral Sciences. Dr. Coles established and continues to direct clinical services for alcohol and drug exposed children and families at Marcus.

At Emory University School of Medicine, Dr. Coles is the Director of the Maternal Substance Abuse and Child Development Prevention Project. Dr. Coles' research focuses on the developmental and behavioral effects of prenatal exposure to drugs and alcohol and on the interaction effects. In addition to the publication of articles and books on these topics, Dr. Coles has served on the Institute of Medicine's Committee on Fetal Alcohol Syndrome (FAS), the National Task Force on Fetal Alcohol Syndrome/Fetal Alcohol Effects and the FAS Work Group, Office of Special Education Programs, U.S. Department of Education.

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**George Rust, M.D., M.P.H.**

*Professor of Family Medicine  
Director, National Center for Primary Care  
Morehouse School of Medicine  
Atlanta, GA*

Dr. Rust is a Professor of Family Medicine and Director of the National Center for Primary Care at Morehouse School of Medicine. He is board-certified in both Family Practice and Preventive Medicine. He also serves as Co-Chair of Georgia's Minority Health Advisory Council, where he had the responsibility for leading the development of the 2008 Georgia Health Disparities Report. His career as a family physician and scholar has consistently focused on primary health care for those in greatest need. Throughout his illustrious career, he has worked to reduce and eliminate health disparities. His acumen for integrating biological, social, cultural and psychological aspects of health is manifest in his practice, research, and teaching.



**John Bartlett, M.D., M.P.H.**

*Project Advisor, Mental Health Program  
The Carter Center  
Atlanta, GA*

Dr. Bartlett is the senior project adviser for The Carter Center's Mental Health Program activities. His focus is on leading and coordinating the activities of the Mental Health Program's Primary Care Initiative, which is intended to help identify ways to facilitate better recognition and treatment of mental health and substance abuse problems in primary care settings. Dr. Bartlett is a psychiatrist who specializes in quality and accountability issues for mental health, substance abuse, and chronic health problems. Prior to working at The Carter Center, he was a partner at The Avisa Group, a policy, research, and consulting firm that specializes in Behavioral health. Dr. Bartlett has also served as the Senior Medical Director and Senior Vice President for CIGNA Behavioral Health and as the Executive Vice President for clinical strategy for Charter/Magellan Health Services. He received his medical training at Yale University and completed his psychiatric residency at the University of California School of Medicine, Los Angeles, and then became a Robert Wood Johnson Clinical Scholar.

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**Suzanne Bailey, Psy.D.**

*Licensed Clinical Psychologist and Behavioral Health Consultant  
Cherokee Health Systems  
Knoxville, TN*

Dr. Bailey is a Licensed Clinical Psychologist and Behavioral Health Consultant at Cherokee Health Systems. She earned her doctorate in Clinical Psychology at Xavier University in Cincinnati, Ohio. Dr. Bailey practices in an integrated primary care clinic at Cherokee Health Systems' "Center City" office in downtown Knoxville, TN, which serves a population of indigent, and homeless individuals. She is the Director of Cherokee Health Systems' Intensive Outpatient Alcohol and Drug Program, and the Supervisor for Case Management Services.

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**Dominic Mack, M.D., M.B.A.**

*Associate Director, National Center for Primary Care  
Morehouse School of Medicine  
Atlanta, GA*

Dr. Mack earned his medical degree from Meharry Medical School in Nashville, TN. He completed his residency in Family Medicine at Morehouse School of Medicine and practiced at Southside Community Health Center in Atlanta, where he served as Chief Medical Officer. He has a MBA Degree from Kennesaw State University. Dr. Mack has served as the Medical Director in the Family Medicine Department, Associate Chair of Clinical Affairs, and the Project Director of the Regional Coordinating Center at Morehouse. He has served as Chief Medical Officer for Americorp Holdings/The AeroClinic, which has opened airport clinics in Hartsfield-Jackson Atlanta Airport and the Philadelphia International Airport. He is the founder and past President of Mack Medical Consultants. Currently, he serves as Deputy Director of the NCPC at Morehouse, and Director of the Georgia Health Information Technology Regional Extension Center. After Hurricanes Katrina and Rita, he worked extensively across the Gulf Coast with devastated communities and individuals; he helped to rebuild damaged health systems through the expansion of Electronic Health Record and Telemedicine programs.



**David Ross, Ph.D.**  
*Public Health Informatics Institute  
Emory University  
Atlanta, GA*

Dr. Ross directs the Public Health Informatics Institute, a program of the Task Force for Global Health that is affiliated with Emory University, Atlanta. The Institute supports public health practitioners through improving their use of information systems. His dynamic career encompasses employment in health services research, hospital administration, environmental health research, and public health and medical informatics consulting. He has served in scientific and senior management roles at the U.S. Centers for Disease Control and Prevention, and retired as a commissioned officer of the U.S. Public Health Service. He served on the Institute of Medicine's (IOM) core committee for the evaluation of the U.S. government's global HIV/AIDS programs and the IOM's panel that recommended the research agenda for public health preparedness. Presently, he serves on two IOM Committees: Public Health Strategies to Improve Health and the Electronic Infrastructure for Population Health and a Learning Healthcare System. In addition, he is a commissioner on the Certification Commission for Health Information Technology and advises the World Health Organization's Health Metrics Network Technical Working Group.

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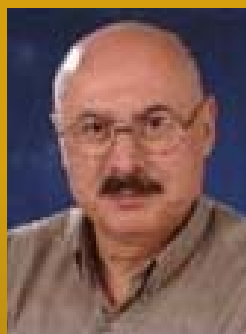
**Sandra Maass-Robinson, M.D., D.F.A.P.A.**  
*Associate Clinical Professor  
Morehouse School of Medicine  
Atlanta, GA*

Dr. Maass-Robinson is a board certified psychiatrist in private practice in Atlanta, Georgia. Her practice specializes in Bipolar Disorders in adolescents and young adults. She also treats a cross section of psychiatric conditions including Major Depressive Disorders, Panic Disorder, Trichotillomania and related diagnoses.

Dr. Maass-Robinson currently serves as the consultant psychiatrist at several academic institutions in Atlanta: Kennesaw State University, Spelman College, and Georgia State University. She has a subspecialty in forensic psychiatry, and has provided psychiatric services in area jails and prisons for women. She has also served as an expert witness in state, federal, and military courts.

She is an Associate Clinical Professor at Morehouse School of Medicine, Departments of Psychiatry and Pediatrics. She is the recipient of numerous awards, including the Distinguished Fellowship by the American Psychiatric Association, and the Leadership Award from the Black Psychiatrists of America. In 1997, she was Psychiatrist of the Year, and was elected to serve as President of the Georgia Psychiatric Physicians' Association. She was recently reappointed by the Supreme Court of Georgia to serve an unprecedented third term on the Board to Determine Fitness of Bar Applicants, Supreme Court of Georgia.

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**Hossein N. Yarandi, Ph.D.**  
*Professor, Center for Health Research  
Wayne State University  
Detroit, MI*

Dr. Yarandi is a professor in the Center for Health Research at Wayne State University, Detroit, Michigan. He received his Master's and Doctorate Degrees in Statistics and Econometrics from Indiana University in Bloomington. He teaches research, statistical methods, and design at the doctorate levels; supervises theses and dissertations, and consults with the faculty members about research grants and projects. His research interests are on methodology, health care economics and financing health care. His collaborative works have been published in Nursing, Pharmacy and Medical Journals.



**Frank E. Shelp, M.D., M.P.H.**

*Commissioner, Georgia Department of Behavioral Health and Developmental Disabilities (GA-DBHDD)  
Atlanta, GA*

Appointed Commissioner of GA-DBHDD in 2009, Dr. Shelp has experience in the public, private, academic, and corporate sectors of healthcare. He has served as Vice President of Medical Affairs for First Health Services Corporation, a national quality improvement company serving state Medicaid agencies. He has also been employed as Corporate Medical Director for Behavioral Health for United HealthCare of Minnesota. Dr. Shelp was one of the leaders in the initiative between the public sector John Umstead Hospital and Duke University Medical Center, Department of Psychiatry, Durham, NC. The initiative resulted in establishing a state psychiatric hospital as a partner with the research university. He is Board Certified in Psychiatry and a Fellow in the American Psychiatric Association.

“Thanks to the leadership of Governor Perdue and the General Assembly, people in Georgia who have Behavioral health needs, developmental disabilities, and addictive diseases now have an agency that’s solely focused on supporting their wellbeing and independence. And while we know that the challenges we face in Georgia won’t disappear overnight, I’m confident that, with new thinking and new initiatives, our efforts will result in better care and stronger support.”

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**Alexander Crosby, M.D., M.P.H.**

*Medical Epidemiologist  
Centers for Disease Control and Prevention  
Atlanta, GA*

Dr. Crosby works as a medical epidemiologist on the Surveillance Team in the Etiology and Surveillance Branch (ESB) of the Division of Violence Prevention at the Centers of Disease Control and Prevention. Among his numerous responsibilities, he has had oversight for Youth Violence and Suicide Prevention, public health emergencies and investigations, civil unrest, school-associated violence, sniper attacks, and firearm-related injuries. In addition, he helped to coordinate the public health response to Hurricane Rita in the Gulf Coast.

Dr. Crosby is the author of numerous refereed publications, and he frequently consults on critical topics such as suicidal behavior prevention and surveillance. He also collaborates with the United States Department of Defense, the Surgeon General’s Office, and international organizations such as Ministries of Health, and the Pan American Health Organization. He has received countless awards for his work in public health and violence prevention, including the Department of Health and Human Service’s Secretary’s Distinguished Service awards.

In addition to his work at the CDC, Dr. Crosby is an Adjunct Clinical Assistant Professor in the Department of Community Health and Preventive Medicine at the Morehouse School of Medicine. He is also a faculty member at the Rollins School of Public Health, Emory University.



**Rebecca G. Palpant, M.S.**

*Senior Program Associate*

*The Rosalynn Carter Fellowships for Mental Health Journalism*

*The Carter Center Mental Health Program*

*Atlanta, GA*

Ms. Palpant is the Senior Program Associate for The Rosalynn Carter Fellowships for Mental Health Journalism at The Carter Center Mental Health Program. The work of the program is the result of Former First Lady Rosalynn Carter's over 30 years of advocacy on mental health issues. Ms. Palpant oversees a Journalism Fellowship program that awards yearly stipends to ten professional journalists to produce a significant work on mental health or mental illnesses. Rosalynn Carter Fellows hail from the United States, select countries in Southern Africa, and most recently Romania. Over 98 journalists have been awarded to date and Fellows have garnered awards from Mental Health America, the American Psychiatric Association, nominations for the Emmy and the Pulitzer Prizes.

Ms. Palpant is an active participant on advisory boards and national work groups related to stigma and the accurate portrayals of mental illnesses in the media. She works in national anti-stigma campaigns funded by the SAMHSA.

Before arriving at The Carter Center, Ms. Palpant worked in the corporate setting. Prior to her corporate experience, she was an assessment counselor with a psychiatric treatment program that provided inpatient, partial hospitalization, day treatment and outpatient counseling.

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**Cynthia Wainscott, B.S.**

*Mental Health Advocate Extraordinaire*

*National Leader*

*Atlanta, GA*

Ms. Wainscott is a former member of the National Council on Disability. She currently serves on SAMHSA's National Advisory Council where she provides leadership around the federal agency's mental health and substance abuse program initiatives. She has served as Secretary of the Center for Mental Health Services' National Mental Health Advisory Council, and as the vice president of the North America and Caribbean regions of the World Federation for Mental Health. She has been a member of the IOM's committee on mental health systems, and is a founding board member of the Campaign for Mental Health Reform. Her leadership and commitment have catapulted her to the positions of Chair, Acting President, and CEO of Mental Health America, Inc.

At the state level, Ms. Wainscott has served as the past Chair of the Mental Health Planning and Advisory Council, the state Medicaid agency's Drug Utilization Review Board, and the board of Mental Health America of Georgia, Inc. Her passion for mental health advocacy is fueled by the experiences of her mother, daughter, and granddaughters, who have all lived successfully with mental illnesses.

## American Nurses Association

### Overview

The MFP at the ANA grew out of the lack of mental health and substance abuse nurse professionals who could provide culturally competent care to an increasingly diverse population with ever-expanding needs for mental health and substance abuse disorders services, research, advocacy, and policy development in local and international organizations and communities.

### Purpose

The purpose of the MFP is to develop ethnic minority nurses who demonstrate excellence in creating, transmitting, and utilizing knowledge to improve the health of all people in local and global communities. The intent is to increase the number of doctoral-prepared nurses from underrepresented ethnic minority groups who will assume leadership roles in providing quality clinical services, conducting research, and advocating for and developing policy related to mental health and substance abuse disorders prevention, treatment, and recovery.

### Eligibility Requirements

- U.S Citizenship or Permanent Residency
- Registered professional nurse
- Full-time enrollment in an accredited traditional or accelerated doctoral program
- Membership in the ANA

### Selection Criteria

- Evidence of experiences in and commitment to minority mental health and/or substance abuse services, research, advocacy, and policy
- Depth and quality of the proposed training program
- Certification or certification eligible in mental health and/or substance abuse
- Documented potential for successfully completing doctoral studies
- Qualifications of the academic advisor(s) and doctoral committee members
- Congruence with the SAMHSA mission and program goals
- A signed career statement indicating the individual will be employed/volunteer in one of two specialty areas

## The Satcher Health Leadership Institute at Morehouse School of Medicine

### Vision

To be a leading transformative force for global health equity

### Mission

To develop a diverse group of exceptional health leaders, advance and support comprehensive health system strategies, and actively promote policies and practices that will reduce and ultimately eliminate disparities in health.

**Center of Behavioral Health:** The goal of this Center is to reduce and ultimately eliminate disparities in behavioral health, including mental health, substance abuse and developmental disabilities.

We achieve our goal through the following strategies:

- Training and Development of existing and emerging leaders
- Community Empowerment, Support and Leadership development
- Providing leadership to inform meaningful and effective research, policy and practice in Behavioral Health

### Programs

1. The Three-Dimensional Mental Health [3-D] Program: Advances policies and practices that will reduce and ultimately eliminate disparities in mental health by:
  - (a) Engaging and educating the community to reduce stigma surrounding mental illness through improved communication, access and policy that will change attitude and behaviors to enhance mental health;
  - (b) Promoting mental health and preventing mental disorders through strategies and interventions that will increase resiliency and recovery; and
  - (c) Improving access to quality mental health care through integration of mental health and primary care.
2. The Post-Doctoral Health Policy Leadership Fellowship program concentration area on Mental Health: Provides a diverse group of leaders with specific skills, knowledge, and expertise needed to advance policies and practices that will improve access to mental health services and holistic care. One of its foci is on the integration of mental health and primary care.
3. The Neighborhood Healthy Child Development Project: Focuses on mental health promotion and prevention of mental illness by strengthening the role of family, childcare/early care providers and pediatric healthcare providers in improving early brain and social-emotional development of children as well as early intervention services.
4. The Use of Social Media Technology to Reduce Stigma associated with Mental Illness in order to promote mental health and well-being: Educates minority population about mental health and reducing stigma associated with mental illness using Facebook, YouTube, Blog, Twitter and other social network platforms.

## Participants in the 2010 ISI at the SHLI

Marife Aczon-Armstrong	University of Hawaii at Manoa	<a href="mailto:hellojoy@hawaii.rr.com">hellojoy@hawaii.rr.com</a>
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