2016 Intensive Training Institute

NURSING: Creating a Bridge to Health Equity for Indigenous People
Substance Abuse and Mental Health Services Administration

Minority Fellowship Program
American Nurses Association

June 30 - July 3, 2016
Hilton Anchorage
Anchorage, Alaska
INTRODUCTION

The Substance Abuse and Mental Health Services Administration (SAMHSA) supports the Minority Fellowship Program at the American Nurses Association. It is one of the most innovative and effective models in the United States for the education of minority nurses and other professionals in behavioral health disorders prevention and treatment. The MFP model has been recognized in national and international communities for its outstanding graduates and their contributions to the elimination of health disparities and the enhancement of well-being in minority populations.

THEME

Nursing: Creating a Bridge to Health Equity for Indigenous People is the theme of the 2016 Intensive Training Institute.

LEARNING OBJECTIVES

At the end of this Institute, participants will be able to:

- Explore the history and challenges of providing culturally and linguistically appropriate nursing approaches to reduce health disparities among indigenous people;
- Describe a culturally and linguistically appropriate evidence-based model and intervention that has been implemented to reduce substance use and other risk behaviors among indigenous youth;
- Describe the steps in developing publishable manuscripts for peer-reviewed journals;
- Explore career options and opportunities post-graduation and the required preparation;
- Discuss the Science of Heart Math and demonstrate its use to reduce stress and enhance well-being.

METHODS

- Scholarly Presentations
- Informal Discussions and Networking
- Open Group Discussions
- Community Engagement
PROGRAM AGENDA

<table>
<thead>
<tr>
<th>Thursday, June 30, 2016</th>
<th>SPEAKERS and LOCATION</th>
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<tbody>
<tr>
<td>3:00 – 5:30pm</td>
<td>HOTEL CHECK IN</td>
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<tr>
<td></td>
<td>Hilton Downtown Anchorage</td>
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<tr>
<td>5:45 – 6:00pm</td>
<td>Minority Fellowship Program CHECK IN</td>
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<td>Aleutian Room</td>
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<tr>
<td>6:00 – 8:00pm</td>
<td>Welcome Dinner</td>
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<td>MFP-Youth Fellows Forum</td>
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<td>Class of 2016</td>
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<td>Janet Jackson</td>
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<td>John Lowe PhD, RN, FAAN</td>
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<td>Freida Outlaw, PhD, RN, FAAN</td>
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<td>Samuel Suraphel</td>
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<tr>
<th>Friday, July 1, 2016</th>
<th>SPEAKERS and LOCATION</th>
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<tbody>
<tr>
<td>7:45-8:45am</td>
<td>Networking Breakfast</td>
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<td>MFP Alumni &amp; Faculty</td>
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<td>Aleutian Room</td>
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<tr>
<td>9:00 – 9:45am</td>
<td>Education Session</td>
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<td>Giving Voice to Historical Trauma</td>
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<td>Utilizing Culturally Adapted Methods:</td>
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<td>Mission Boarding Experience among</td>
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<td>American Indians</td>
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<td></td>
<td>Barbara Dahlen, PhD, FNP, MSN</td>
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<td>Aleutian Room</td>
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<tr>
<td>9:45 – 10:45am</td>
<td>Education Session</td>
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<td>Tailoring and Adapting the Talking</td>
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<td>Circle Intervention for the Prevention</td>
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<td>of Substance Use</td>
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<td>John Lowe, PhD, RN, FAAN</td>
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<td>Aleutian Room</td>
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<tr>
<td>10:45 – 11:00am</td>
<td>BREAK</td>
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<tr>
<td>11:00am – 12:15pm</td>
<td>Education Session</td>
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<td>Transitioning from Graduate School</td>
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<td>MFP Alumni Panel</td>
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<td>Aleutian Room</td>
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<tr>
<td>12:30 – 1:30pm</td>
<td>Lunch Keynote Speaker</td>
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<td>Recruitment and Retention of Alaska</td>
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<td>Natives in Nursing (RRANN)</td>
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<td>Bernice Carmon, PhD, MPH, RN</td>
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<td>Rebecca Dreier, BA</td>
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<td>Aleutian Room</td>
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<tr>
<td>1:45 – 3:45pm</td>
<td>Education Session</td>
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<td>Writing Manuscripts for Publication</td>
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<td>Bridgette Brawner, PhD, APRN</td>
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<td>Aleutian, King Solomon, and Iliamna</td>
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<td>Room</td>
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<td>6:00 – 8:00pm</td>
<td>Dinner Keynote Speaker</td>
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<td>Intersection Between The Cultural And</td>
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<td>Mijung Park, PhD, MSN, MPH, RN</td>
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<td>Aleutian Room</td>
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# PROGRAM AGENDA

## Saturday, July 2, 2016

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<tr>
<th>Time</th>
<th>Activity</th>
<th>Speakers and Location</th>
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<tbody>
<tr>
<td>7:45 – 8:45am</td>
<td>Networking Breakfast</td>
<td>MFP Alumni &amp; Faculty Aleutian Room</td>
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<tr>
<td>9:00 – 10:00am</td>
<td><strong>Education Session</strong>&lt;br&gt;Issues and Access in Native American Healthcare</td>
<td>Gary Lawrence, PhD, RN, NREMT-P&lt;br&gt;Aleutian Room</td>
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<tr>
<td>10:30 – 11:00am</td>
<td><strong>Travel to Community Engagement Activity</strong>&lt;br&gt;Box Lunches To Go</td>
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<tr>
<td>11:00 – 3:00pm</td>
<td><strong>Alaska Native Medical Center</strong>&lt;br&gt;<strong>Anchorage Native Heritage Center</strong>&lt;br&gt;Box Lunches</td>
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<tr>
<td>3:15 – 4:30pm</td>
<td><strong>Travel to Hotel</strong></td>
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<tr>
<td>6:00 – 8:00pm</td>
<td><strong>Dinner</strong>&lt;br&gt;Alaska Native Cultural Immersion Presentation</td>
<td>Chart Room</td>
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## Sunday, July 3, 2016

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<tr>
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<th>Activity</th>
<th>Speakers and Location</th>
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<tbody>
<tr>
<td>7:45 – 8:45am</td>
<td>Networking Breakfast</td>
<td>MFP Alumni &amp; Faculty Aleutian Room</td>
</tr>
<tr>
<td>9:00 – 10:30am</td>
<td><strong>Education Session</strong>&lt;br&gt;Integrating HeartMath Processes for Self-Care</td>
<td>Beverly Patchell PhD, APRN, CNS, PMH-BC&lt;br&gt;Aleutian Room</td>
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<tr>
<td>10:40 – 11:25am</td>
<td><strong>Traditional Graduates Forum</strong></td>
<td>Austin Nation, PhD, RN, MSN, PHN&lt;br&gt;Phyllis Raynor, PhD, PMHNP-BC, MSN, RN&lt;br&gt;Aleutian Room</td>
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<tr>
<td>11:30am – 12:30pm</td>
<td><strong>Evaluations, Wrap Up, Adjourn</strong></td>
<td>Janet Jackson&lt;br&gt;John Lowe, PhD, RN, FAAN&lt;br&gt;Freida Outlaw, PHD, RN, FAAN&lt;br&gt;Aleutian Room</td>
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<tr>
<td>12:30pm</td>
<td><strong>Box Lunch-to-Go</strong></td>
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Austin Nation, PhD, RN, MSN, PHN, is a graduate of the University of California, San Francisco School of Nursing, Community Health Systems. He has been a nurse for over 30 years and is an adjunct professor at both San Francisco State University and Samuel Merritt University. His research interest is with understanding substance use and HIV among young Black men who have sex with men (MSM), funded by the Substance Abuse Mental Health Services Administration (SAMHSA) American Nurses Association (ANA) Minority Fellowship Program. Dr. Nation was also a fellow in the Black AIDS Institute’s African American HIV University – Science and Treatment College.

As part of his pre-doctoral studies, Austin completed the Minority Control Program in Cancer Control Research (MTPCCR) and was awarded the California Pre-doctoral Program – Sally Casanova Pre-doctoral Scholars, completing summer research internships at both Yale University and Duke University.

Dr. Nation completed his Master of Science in Nursing with an emphasis in leadership and education from California State University (CSU), Fullerton. He was the recipient of the CSU Chancellor/William Randolph Hearst Award and the Graduate Assistant in Areas of National Need (GAANN) – Clinical Teaching and Research Scholar Fellow.

He is the founder/past president of the Men in Nursing at UCSF, past president of The American Assembly for Men in Nursing (AAMN) – Bay Area Chapter, past vice president of the Bay Area Black Nurses Association (BABNA), and secretary of the Association of California Nurse Leaders (ACNL) – Greater San Francisco Chapter.
Phyllis Raynor, PhD, PMHNP-BC, MSN, RN, successfully defended her dissertation, Self-Care and Parental Self-Efficacy for Parents Who are Recovering from Substance Use Disorders, in March 2016 at the Medical University of South Carolina (MUSC). While concurrently pursuing both her PhD in Nursing and her advanced practice certification as a psychiatric mental health nurse practitioner at Vanderbilt University in Nashville, Tennessee, Dr. Raynor graduated with a 4.0 GPA at MUSC and was chosen as the MUSC College of Nursing Honor Graduate for the 2016 graduating class. Dr. Raynor has a strong desire to become a public health nurse scientist focusing on research, prevention, public advocacy and health promotion initiatives for low-income minority families affected by substance use disorders (SUD).

As a former state level nurse consultant partnering with school nurses in all school districts of South Carolina, she as part of a school nurse leadership team, addressed alcohol and drug misuse in schools from a state school nurse policy perspective. As former state practice consultant with the South Carolina Board of Nursing, she witnessed the devastating effects of addiction for nurses involved in substance misuse situations. One of the top violations against the Nurse Practice Act was those involving narcotics misuse (i.e. diversion, positive screenings, fraudulent prescriptions, etc.).

In addition to these professional roles, Dr. Raynor has volunteered as a recovery support advocate, nurse educator, and health consultant for over 13 years in a faith-based community support program collaborating with various community and faith leaders to assist recovering adults (many of whom are parents) affected by SUD. She is a current member of the Board of Advisors for three residential faith-based recovery support community centers for adult men and women recovering from SUD in her area.

Ultimately, improvements in the health of these families come from long-term recovery. Her dissertation research focused on the development of self-care interventions for parents recovering from SUD with a goal of improving their long-term recovery outcomes and the health outcomes of their children.
CONGRATULATIONS INAUGURAL COHORT OF MFP-YOUTH FELLOWS GRADUATE CLASS OF 2016

Precious Barnes, MSN(c), RN, BSN, CNOR
University/School: University of Alabama, Tuscaloosa, AL
Research Interest: Mental health and its relation to physical health and wellbeing.

Napoleon DeVeyra, MSN, BSN, PHN, RN
University/School: University of California, San Francisco
Research Interest: Psychotherapeutic treatment modalities for persons with severe mental illness.

Trina Houge, MSN, RN-BC, BSN
University/School: University of Colorado, Medical Anschutz Campus, Aurora, CO
Research Interest: Exploring cannabis use disorder in the child/adolescent population.

Ashley King, MSN, RN, PHN
University/School: University of California, San Francisco
Research Interest: Prevention, screening, and improved management of mental health that integrates the need for health, education, and serving the underserved.

Alexander Labrador, MSN, RN, BSN
University/School: Delta State University, Jackson, MS
Research Interest: The Difference in Anxiety among High-Risk and Low-Risk Alcohol Abusers.
CONGRATULATIONS INAUGURAL COHORT OF MFP-YOUTH FELLOWS GRADUATE CLASS OF 2016

Maclean Masese, MSN, RN, BSN
University/School: University of North Carolina, Chapel Hill
Research Interest: A study to provide insight and guidance for adolescents and emerging adults in families affected by mental health and substance abuse disorders.

Jessica D. McMillan, MSN(c), RN
University/School: Vanderbilt School of Nursing, Nashville, TN
Research Interest: Assessment, diagnosis, and treatment of chronic mental health issues across the lifespan.

Tamanna Rahman, MSN, RN
University/School: Yale School of Nursing, Orange, CT
Research Interest: Recovery-oriented models of mental healthcare.

Thomas C. Sargent, MSN(c), RN
University/School: University of Alabama at Birmingham
Research Interest: Promoting the Mental Health of African Americans: Recognizing and overcoming the barriers that hinder African Americans from seeking and receiving quality mental health care.

Audrey Strock, MSN, RN
University/School: University of Colorado, Medical Anschutz Campus, Aurora, CO
Research Interest: Integration of physical and mental health and the reduction of mental health stigma.
MFP TRADITIONAL FELLOWS
FY 2015 - 2016

Dawn Bounds, PhD, PMHNP-BC, RN
University/School: Rush University College of Nursing in Chicago, IL
Research Focus: Indicators of Sex Trafficking: A Qualitative Descriptive Study of the Online Posts of Men who Buy Sex in Four Midwest Cities

Giovanni De Oliveira, PhD, NP-C, RN
University/School: University of Miami School of Nursing and Health Studies in Miami, FL
Research Focus: Social Determinants of Depression among Hispanic Women

Sandra Gall-Ojurongbe, MSN, BSN, RN
University/School: Florida Atlantic University
Research Focus: Is There A Higher Incidence of Schizophrenia in the Afro-Caribbean Population when Compared to the African American Population in the U.S.?

Cynthia Greywolf, DNP, PMHNP-BC, MSN, APRN
University/School: University of Hawaii, Manoa
Research Focus: Substance Abuse Prevention and Treatment in Underserved Pacific Islander Populations in Hawaii

S. Akeya Harrold, MSN, APRN
University/School: Medical University of South Carolina
Research Focus: Improving the Health, Wellness, and Quality of Life for Veterans with Severe Mental Illness

Kimethria Jackson, MSN, APRN
University/School: University of Oklahoma College of Nursing, Oklahoma City, OK
Research Focus: Examine Substance Abuse as a Risk Factor for Financial Exploitation of Older African Americans and its Impact on their Mental Health and Well Being

Erica Joseph, DNP, MSN, APRN
University/School: Southern University & A&M College
Research Focus: Evaluation of Suicide Prevention Training in Primary Care Outpatient Settings of the Veterans Affairs Healthcare System
NURSING: Creating a Bridge to Health Equity for Indigenous People

MFP TRADITIONAL FELLOWS
FY 2015 - 2016

LaKeetra Josey, PhD(c), PMHNP-BC, MSN
University/School: University of Pennsylvania School of Nursing, Philadelphia, PA
Research Focus: Improving the Physical Health Outcomes for Racial and Ethnic Minorities with Serious Mental Illnesses

Adrial Lobelo, DNP, PMHNP-BC, MSN, RN, BS
University/School: University of Massachusetts Amherst
Research Focus: Mental Health Illness and Recovery among Minority and Immigrant Populations

Angel Martinez, MSN, APRN
University/School: University of San Francisco
Research Focus: Prevention and Management of Substance Abuse Disorders for Individuals with a Dual Diagnosis

Danielline Martinez, MSN, APRN
University/School: Columbia University School of Nursing, New York, NY
Research Focus: Epigenetic Influences on Mental Wellness and Illness and the Comprehensive and Meaningful Application of the Growing Evidence in the Lives of Those Who Live with Mental Illness and are Unable to Access Adequate Mental and Physical Health Services

Schola Matovu, PhD(c), MSN, RN
University/School: University of California, San Francisco (UCSF)
Research Focus: Investigating and Comparing Anxiety and Depression Symptoms in Older African American and Ugandan Caregivers to Children Infected With HIV/AIDS and Other Chronic Illnesses

Raymond “Austin” Nation, PhD, RN, MSN, PHN
University/School: University of California, San Francisco (UCSF)
Research Focus: Substance Use Experiences of HIV- Positive Young Black Men Who Have Sex with Men (MSM)
MFP TRADITIONAL FELLOWS  
FY 2015 - 2016

Phyllis Raynor, PhD, PMHNP-BC, MSN, RN  
University/School: Medical University of South Carolina, Charleston, SC  
Research Focus: Exploration of Self-Care and Parenting for Adults Recovering from Substance Use Disorders in their Home Environment

Brenda Shepherd, PMHNP-BC, FNP-BC, MSN  
University/School: University of South Alabama, Mobile, AL  
Research Focus: Positive Correlation of Veterans with Mental Illness and Substance Abuse that Have A Strong Support and/or Religious Background in Response to Compliance and Treatment

Patty R. Wilson, PhD(c), MSN, RN  
University/School: University of Virginia School of Nursing, Charlottesville, VA  
Research Focus: Mental and Physical Effects of Intimate Partner Violence on Minority Women and their Children
MFP YOUTH FELLOWS
FY 2015 - 2016

Precious Barnes, MSN(c), RN, BSN, CNOR
University/School: University of Alabama, Tuscaloosa, AL
Research Interest: Mental health and it’s relation to physical health and wellbeing.

Alex Davis, MSN(c), RN
University/School: University of Illinois at Chicago
Research Interest: Child and Adolescent Psychiatry.

Napoleon DeVeyra, MSN, BSN, PHN, RN
University/School: University of California, San Francisco
Research Interest: Psychotherapeutic treatment modalities for persons with severe mental illness.

Trina Houge, MSN, RN-BC, BSN,
University/School: University of Colorado, Medical Anschutz Campus, Aurora, CO
Research Interest: Exploring cannabis use disorder in the child/adolescent population.

Cheedy Jaja, PhD, MPH, MN, RN
University/School: Indiana University, Indianapolis, IN
Research Interest: Using theory and research to guide and improve nursing care.

Ashley King, MSN, RN, PHN
University/School: University of California, San Francisco
Research Interest: Prevention, screening, and improved management of mental health that integrates the need for health, education, and serving the underserved.

Alexander Labrador, MSN, RN, BSN
University/School: Delta State University, Jackson, MS
Research Interest: The Difference in Anxiety among High-Risk and Low-Risk Alcohol Abusers.
MFP YOUTH FELLOWS
FY 2015 - 2016

Maclean Masese, MSN, RN, BSN
University/School: University of North Carolina, Chapel Hill
Research Interest: A study to provide insight and guidance for adolescents and emerging adults in families affected by mental health and substance abuse disorders.

Jessica D. McMillan, MSN, RN
University/School: Vanderbilt School of Nursing, Nashville, TN
Research Interest: Assessment, diagnosis, and treatment of chronic mental health issues across the lifespan.

Lisa Persad, MSN(c), RN, BSN
University/School: Hunter College, New York, NY
Research Interest: Help adolescents and young adults find their center, recognize the importance of mental health and wellness, and learn tools to foster self-actualization for themselves and future generations.

Tamanna Rahman, MSN, RN
University/School: Yale School of Nursing, Orange, CT
Research Interest: Recovery-oriented models of mental healthcare.

Thomas C. Sargent, MSN(c), RN
University/School: University of Alabama at Birmingham
Research Interest: Promoting the Mental Health of African Americans: Recognizing and overcoming the barriers that hinder African Americans from seeking and receiving quality mental health care.

Audrey Strock, MSN, RN
University/School: University of Colorado, Medical Anschutz Campus, Aurora, CO
Research Interest: Integration of physical and mental health and the reduction of mental health stigma.
NURSING: Creating a Bridge to Health Equity for Indigenous People

FEATURED SPEAKERS

Bridgette Brawner, PhD, APRN, graduated Cum Laude from Villanova University in 2003 with a BSN. While working as a Neonatal Intensive Care nurse at the Children’s Hospital of Philadelphia, she earned an MSN from the University of Pennsylvania (Penn) as a Psychiatric-Mental Health Advanced Practice Registered Nurse in 2005—specializing in children and families. Dr. Brawner earned a PhD in Nursing from Penn in 2009, and was selected as the University’s inaugural Distinguished Postdoctoral Fellow immediately upon completion of the degree. Dr. Brawner is a faculty member in both the Center for Health Equity Research and Center for Global Women’s and she completed three years of post-doctoral training in these Centers.

Dr. Brawner has served as course faculty and/or guest lecturer for 14 interdisciplinary courses at the undergraduate, graduate, and doctoral levels. The instruction has centered on the theoretical underpinnings of behavior, child and adolescent mental health, HIV/AIDS and sexual health promotion, and health equity. Dr. Brawner’s overall course and lecture evaluations have been excellent, with students remarking on her ability to engage class participants, stimulate thinking and translate her expertise. In recognition of her distinction as an educator, in 2011 Dr. Brawner received the Family and Community Health Department Award for Teaching Excellence. Over the course of her short academic career, Dr. Brawner has already mentored 14 professionals in nursing and public health disciplines. She is dedicated to teaching and mentoring the next generation of scholars, clinicians, policy makers and community advocates.

Dr. Brawner’s program of research has developed through a logical series of investigations; unanswered questions from each study served as the impetus for the next inquiry. Through a health equity lens, her research agenda focuses on multi-level, multi-method, bio-behavioral approaches to sexual health promotion in disenfranchised populations. One consistent thread throughout her research to date has been a passion and vision for physical and mental health among urban women and girls, with a commitment to maintain strong community ties. There are four interconnected arms in Dr. Brawner’s research agenda: 1) Elucidate salient individual-level factors that protect against or increase risk for adverse sexual health outcomes, such as HIV and other STIs, 2) Explore the social and structural context in which relationships develop and sexual behaviors occur, 3) Mobilize communities and integrate findings to identify modifiable factors, and 4) Develop, test and disseminate multi-level sexual health promotion interventions. Sexual health among women, racial and ethnic minorities, and youth bears significant implications for public health; including the health of future generations. Dr. Brawner believes that innovative research methodologies can be used to understand the decisions people make regarding risk and protective behaviors. As an independently-funded bio-behavioral scientist at a research-intensive institution, her long-term goal is to improve health outcomes for historically underserved populations in disenfranchised geosocial settings. To this end, Dr. Brawner has served as Principal Investigator on five research projects since 2006. She is currently funded by the Centers for Disease Control and Prevention (1U01PS003304) with a grant just shy of $1 million to develop and test an HIV/STI risk reduction intervention for Black adolescents with mental illnesses.
Bernice Carmon, PhD, MPH, RN, is an associate professor at the University of Alaska, Anchorage School of Nursing where she received a Master’s degree in psychiatric-mental health nursing. She holds a bachelor degree in nursing from Case Western Reserve University and a Masters in health education from the University of North Carolina, School of Public Health. She earned her doctorate in nursing education at the University of Northern Colorado where her research focused on academic help-seeking and learning environments.

Barbara Dahlen, PhD, FNP, MSN, is an Assistant Professor at Minnesota State University – Mankato, Minnesota and serves as a consultant to other universities concerning the recruitment and retention of minority nursing students. Dr. Dahlen developed and designed the “Dream Catcher/Medicine Wheel Model” which helped to guide the development of the Recruitment and Retention of American Indians in Nursing, RAIN, Program at the University of North Dakota. The RAIN Program, an innovation for the Nation built on Dr. Dahlen’s philosophy that if a “nursing student’s hope is nourished, they will succeed,” had a 92 percent and above retention and graduation rate during her tenure from 1990-2002.

Dr. Dahlen has been invited to testify on numerous occasions before congressional committees on Native American issues and is considered a national expert. Her research and national presentations focus on the stories of the boarding school experiences and the advancement of indigenous methodologies which emerged from her dissertation titled “Giving Voice to Historical Trauma through Storytelling: The Impact of Boarding School Experience on American Indians.” She has a wealth of knowledge on Plains Indian culture and tradition and is frequently sought after to deliver keynote addresses on the subject. She has published numerous articles in nursing journals including a current article nearing print on indigenous methodology.

Dr. Dahlen has received several awards including the American Nurses Association’s (ANA) 2002 Research Practice Award for her nursing research study, “Problems and Resources of American Indian Elder,” the Indian Health Service (IHS) 437 and the BUSH Fellowship. She also serves as a grant reviewer for the Health Resource Services Administration (HRSA). Dr. Dahlen is an ANA Minority Fellowship Program (MFP) Alumna, Class of 2010, receiving her PhD in nursing from Florida Atlantic University (FAU), in Boca Raton, FL. She holds both a Bachelor’s and Master’s degrees from the University of North Dakota where she also completed the Family Nurse Practitioner (FNP) Certification Program. Dr. Dahlen is an enrolled member of the Pembina Band of Chippewa Indians located in Belcourt, North Dakota.
Rebecca R. Dreier, BA serves as a Student Support Facilitator for AN/Al students who are enrolled in the RRANN Program. RRANN, Recruitment and Retention of Alaska Natives into Nursing, is a statewide support service program committed to increasing the number of Alaska Natives and American Indians graduating with an Associate of Applied Science or Baccalaureate degree in nursing. RRANN provides academic and professional support as well as mentoring to AN/Al nursing majors and premajor students. Using traditional values of the diverse cultures of Alaska’s indigenous people as a guide, the RRANN program staff develop their program, projects and style to encourage and enrich the students’ continuing connection to their culture. The RRANN program works with students in both the urban and rural setting. Ability to connect with students and staff from sister colleges via electronic devices for recruitment and support is one of Rebecca’s specialities. Being able to connect in person is a bonus and she has traveled throughout the state while working with the program.

Rebecca is a lifelong Alaskan, raised in the interior and attended the University of Alaska-Fairbanks where she earned her teaching degree in Inter-Disciplinary Social Sciences. For the past 29 years Rebecca has worked in various capacities with educating students in Alaska. She has extensive experience with Alaska Native students of all age levels. Rebecca is a 16-year member of Pav’va Inupiaq Dancers. Pav’va is a cultural dance group that shares their knowledge of dance, song and stories with all who want to learn. Rebecca is also co-editor of TALK: The Alaska native Language Key, for Healthcare Providers, a guide to support interactions and improve communications between healthcare providers and their Native speaking patients. Included in the guide are: 80+ words and phrases that a healthcare provider might use during an exam, the Alaska Native language translation of those words, and the pronunciation of the Alaska Native word for non-native speakers. The 2016 first edition of this guide will include six of the 23 Alaska Native languages: Aleut, Alutiiq, Inupiaq, Koyukon Athabaskan, Tlingit and Yupik.

Gary Lawrence PhD, RN, NREMT-P, is a Registered Nurse and Paramedic with 15 years of pre-hospital experience and 20 years of hospital experience. He is employed by the Choctaw Nation Health Services Authority as the Director of Nursing Services. He instructs numerous credential courses and has 19 years’ experience as a healthcare educator in both the EMS and Nursing fields. Dr. Lawrence is also a Black Belt in LEAN Six Sigma.

He graduated from Carl Albert State College in Poteau, OK in 2001 with an A.A.S. in Nursing and in 2002 received an A.S. in Allied Health, and an A.A. in Psychology/Sociology. He received his Bachelor’s degree in Nursing Science at Northeastern State University in 2004 graduating Magna Cum Laude. He completed his Graduate Program at the University of Oklahoma College Of Nursing with a Master’s in Nursing Education in 2006 and a Doctorate in Nursing in 2012 where he was selected the program’s Outstanding Doctoral Student.
Dr. Lawrence has conducted and presented his research at many local, state and national conferences on a variety of topics including strategies on recruitment and retention and health risks/disparities in Native American populations including his dissertation work “The Relationship between Historical Trauma and Cultural Buffers in Choctaw Native American Indians With and Without Diagnosed Depression and Alcohol Abuse”. He currently works with Dr. John Lowe and other Native Researchers on the “Intertribal Talking Circle” as a junior investigator for the Oklahoma site.

Dr. Lawrence is a proud member of the Choctaw Nation of Oklahoma, a member of the Oklahoma Nurses Association (ONA), The Emergency Nurses Association, Sigma Theta Tau International, and is an Alumni Scholar of the American Nurses Association (ANA) Substance Abuse and Mental Health Service Administration (SAMHSA) Minority Fellowship Program (MFP) class of 2012.

He and his wife Louisa reside in Talihina, Oklahoma and have 3 children and 8 grandchildren.

John Lowe, PhD, RN, FAAN, contributions to the profession are heavily based on his research program which has evolved from his doctoral dissertation, “Cherokee Self-Reliance”. This model has been further developed and tested among other tribes in the United States and among other Indigenous/Aboriginal populations internationally. Models that have emerged from these studies include the “Native Self-Reliance Model” and the “Native Reliance Model”. Two instruments, the “Cherokee Self-Reliance Questionnaire” and the “Native Reliance Questionnaire”, have been developed and are being used in his intervention studies. The dissertation and doctoral studies were supported by the Substance Abuse and Mental Health Services Administration’s (SAMHSA) Minority Fellowship Program (MFP) at the American Nurses Association. The Self-Reliance concept has been expanded as a mid-range theory and was included as a book chapter publication in the 3rd. edition of Middle Range Theory for Nursing. Dr. Lowe has continued to conduct research that was initially developed during his fellowship years, and he has been successful in attaining funding for several of his research initiatives. The Teen Intervention Project – Cherokee (TIP-C) which was funded by the National Institute on Alcohol Abuse and Alcoholism Minority Supplement to R01AA10246-S1 Teen Intervention Project (TIP). The “Testing a Substance Abuse Prevention for Keetoowah-Cherokee Early Adolescents” funded by National Institutes of Health National Institute on Drug Abuse (R34DA029724) studied the feasibility of using the Cherokee Talking Circle intervention for use with early adolescent Keetoowah-Cherokee. The “Cherokee Teen Talking Circle” intervention study, funded by the Association of Nurses in AIDS Care grant program co-sponsored by Ortho Biotech, studied the outcome of HIV/AIDS knowledge and protective attitudes... Dr. Lowe’s current funded research projects include a 5-year project “Brief Interventions for Substance Using Native Youth” funded by the National Institutes
of Health National Institute on Drug Abuse (R01DA029779) and a 5-year project “Intertribal Talking Circle for the Prevention of Substance Abuse in Native Youth” funded by the National Institute on Drug Abuse and the National Institutes on Alcohol Abuse & Alcoholism (R01DA035143). Dr. Lowe was also awarded a diversity supplement grant to this project to support Rose Cirilo, PhD-Candidate as a pre-doctoral fellow to develop and study the “Talking Circle” intervention among Urban Native American youth. Internationally, Dr. Lowe is also currently conducting two studies: “Testing a Youth Intervention for the Prevention of Substance Abuse Among Sagamok First Nation’s Canadian Community” & “Testing a Substance Abuse Intervention for Aboriginal Australian Adolescents”. The “Talking Circle” intervention has been selected by the U.S. Department of Justice’s Office of Programs as a promising evidence-based program affecting juvenile well-being. This recognition denotes real movement toward translating research findings so that this research makes a difference well beyond the populations that have currently been studied thus far. Additionally, Dr. Lowe has conducted studies concerning Native American cultural concepts and phenomenon such as the development of the first Native American Nursing Conceptual Framework. Dr. Lowe is a prolific writer, and has published his research and scholarship in numerous refereed journals. These refereed publications are available on the Internet through PubMed and Medline. Dr. Lowe shares his knowledge and wisdom with other professionals, community groups, and academic and health related organizations and serves on several state, national, and international government and organizations in advisory and consultant capacities and has received numerous awards for his work.

Dr. Lowe is one of the few Native American male nurses who have attained a doctoral degree, and the Minority Fellowship Program at the American Nurses Association assisted him in all aspects of his journey.

Mijung Park, PhD, MSN, MPH, RN, is an assistant professor at the University of Pittsburgh School of Nursing and AAPINA-Okura Mental Health Leadership Foundation Fellow. She has extensive research and clinical experience with individuals diagnosed with mental and psychosocial comorbidities and their family caregivers. Her program of research focuses on improving health outcomes among those from economically and culturally diverse populations and examining salient roles the family and informal caregivers play in successful chronic disease self-management.

Dr. Park’s most recent research endeavors focuses on older adults with complex health issues and their loved ones. Funded by a National Institute of Health (NIH) career development award, she is currently testing a technology assisted family-centered care program for older adults with multiple chronic conditions. As a member of the National and Local Patient and Stakeholder Council for STRIDE (STrategies to Reduce Injuries and Develop confident in Elders) study, a large NIA/PCORI-funded project to prevent fall among frail older adults in the community, Dr. Park provides her perspectives.
as a minority nurse and as an expert in patient and family caregiver engagement in intervention study. She is currently serving as PI or Co-I in several research and educational projects funded by NIH, Human Resources and Services Administration (HRSA), PCORI, and UPMC Aging Institute.

As a psychiatric mental health nurse with more than 15 years of clinical experience in Korea and in the U.S., Dr. Park is committed to advocating minority nurses and patients we serve. She is currently serving as a member of the Nursing Diversity Council (NDC) of the Pennsylvania Action Coalition (PA-AC). The goal of the NDC is to increase the racial, cultural, and gender diversity in nursing workforce in Pennsylvania. Dr. Park has been an active member of Asian American Pacific Islander Native American Nurses Association since 2007. As a doctoral student; Dr. Park established the UCSF student chapter of AAPINA and served as a founding member and the president of the chapter. Dr. Park also serves as a member of Global Korean Nursing Foundation Board of Directors.

Dr. Park completed her PhD in Nursing from University of California San Francisco (UCSF) and post-doctoral training in Geriatric Mental Health Services Research at the University of Washington, Seattle. She also holds Master’s in Public Health in health services with policy analyses concentration.

**Beverly Patchell, PhD, APRN, CNS, PMH-BC,** is an Assistant Professor at the University of Utah College of Nursing. Dr. Patchell teaches in the PMH DNP Specialty Track and was formerly the director of the track. Dr. Patchell received her BSN and MS in Psychiatric Nursing at the University of Oklahoma College of Nursing. She was the Director of the Nursing Student Success Program at the college for eight years, a successful recruitment and retention program for Native Americans into nursing, funded through the Indian Health Service. This program was the first in the nation to use HeartMath as a foundation for successful recruitment and retention of nursing students. Dr. Patchell has been a certified HeartMath trainer for 12 years. Dr. Patchell received her PhD in Nursing from New Mexico State University in 2011 and is an alumnus of the ANA/SAMHSA Minority Fellowship Program. Her research program began in Oklahoma using a CBPR process with several tribal communities, focusing on adolescent substance abuse, domestic violence in Indian Country, the Native American experience with cancer, and diabetes management for Native Americans with diabetes. Research at the University of Utah focuses on health disparities among the Native American population looking at environmental issues, HIV/AIDS, light and sound therapy and continuing with addressing domestic violence Indian Country. Dr. Patchell’s focus in the practice setting is with integrative and traditional medicine approaches, using a background in alternative approaches and traditional Native healing to address the whole person. In 2015, she co-authored a book on traditional healing entitled, Comanche Medicine Man: Kenneth Roosewoon’s Great Vision, Blue Medicine, and Sweatlodge Healings. Dr. Patchell is a member of the American Nurses Association and has twice been president of the National Alaska Native American Indian Nurses Association, vice-president of the National Coalition of Ethnic Minority Nurses Association and is currently on the boards of the Urban Indian Center of Salt Lake City, UT and the American Indian Resource Center at the University of Utah.
## NURSING: Creating a Bridge to Health Equity for Indigenous People

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HOTEL INFORMATION

Hilton Downtown Anchorage  500 West Third Avenue  Anchorage, AK 99501  PHONE: 907.272.7411

Check in: 3:00pm  Check out: 12:00pm

Reservations
Call 1.800.HILTONS and ask for the rate code for “SAMHSA” or make your reservations online at www.hiltonanchorage.com. Under “Add Special Rate Codes” type in “SAMHSA” in the Group Code Field to receive group rates. Please identify yourself as an “Affiliate with ANA” should you contact the hotel directly when making reservations. The Institute group rate will be offered three days before and three days after the Institute based on availability.

Reservation deadline at the group rate is June 16, 2016.

The Hilton Anchorage will require participants to provide a credit card for incidental charges. Room and tax ONLY will be charged to the ANA master account.

Cancelled reservations must be made 24 hours prior to arrival date in order to avoid the hotel’s one-night room’s deposit plus applicable taxes being charged to the ANA master account.

Overnight valet, if required, is $24 per night.

Complimentary Hotel Amenities
• In-room high speed internet access for all devices
• Use of fitness center
• All participants will receive double rewards points for your stay
• Hotel will check participants luggage for early arrivals and late departures on extended Institute dates for no extra cost

AIRPORT
Ted Stevens Anchorage International Airport (ANC)
5000 W International Airport Road
Anchorage, AK 99502

Ted Stevens Anchorage International Airport is a major airport in the state of Alaska, located 5 miles southwest of downtown Anchorage. The airport is named in honor of Ted Stevens, the U.S. Senator from Alaska serving from 1968 to 2009.
AIRPORT TRANSPORTATION
The MFP will not provide airport transportation to the hotel. However, the following shuttle service is available:

- Alaska Shuttle: 907.338.8888
- BAC Transportation, LLC: 907.222.2600
- Eagle River Shuttle: 907.694.8888
- Shuttleman Transportation: 907.677.8537
- Whittier Shuttle: 888.257.8527

ATTIRE
Casual business attire is the expected dress. Comfortable shoes are recommended.

CELL PHONES, TABLETS, PDAs
All cell phones must be turned OFF or set on “VIBRATE” mode during all training sessions.

TWITTER HASHTAG: #MFPALASKA2016

CULTURAL AND COMMUNITY ENGAGEMENT ACTIVITIES

**Alaska Native Medical Center (ANMC)**

In 2003, the Alaska Native Medical Center (ANMC) became the first, and remains the only, hospital in Alaska to receive the American Nurses Credentialing Center (ANCC) Magnet designation for nursing excellence. Magnet designation is the highest honor bestowed to a health care organization for nursing excellence. The Magnet Recognition Program advances three goals within healthcare organizations: promote quality in a setting that supports professional practice; identify excellence in the delivery of nursing services to patients/residents; and disseminate best practices in nursing services. ANMC Magnet nurses provide culturally appropriate family-centered care in a unique hospital environment. Patients travel to ANMC from communities across the large and geographically challenging state – sometimes covering hundreds of miles on boats, snowmobiles and small planes – and represent more than 200 Alaska Native Tribes. The Alaska Native Tribal Health Consortium and South Central Foundation jointly own and manage ANMC under terms of Public Law 105-83. These parent organizations have established a joint operating Board to ensure unified operation of health services provided by the Medical Center. Special arrangements have been made for MFP participants to experience a guided tour of the hospital and the ANMC Craft Shop. The Craft Shop is known to locals as “the most incredible Alaska Native gift shop” and is run solely by volunteers.
Alaska Native Heritage Center (ANHC)

Participants will be greeted by Native Tradition Bearers, artists and performers. These Bearers will welcome Fellows as they enter the center and make their way to the Gathering Place to experience a live Alaska Native dance performance and then outside to the six authentic village exhibits each built surrounding a lake depicting the history and traditions of Alaska’s 11 major Native cultures and regions. Each of these villages are distinctly different, and as they make their way through the various villages, Fellows will experience the opportunity to learn about the fascinating lives lead by these Native peoples, many of which still live the traditional ways today. This renowned cultural center and museum is an exciting place where all people can come to expand their understanding of Alaska’s indigenous people through a unique immersion into Alaska’s many diverse Native cultures all in one location. Participants will have an opportunity to share boxed lunches outside on the Center deck, if the weather permits, before returning to the hotel for the evening training sessions.

HELPFUL INFORMATION

SPECIAL NEEDS OR DISABILITIES
If you have a special need or disability that may have an impact on your participation in the training sessions, please contact any MFP staff on site to discuss your requirements.

OTHER IMPORTANT DETAILS

Speed Consulting is available daily from 8:30 – 10:30pm by Appointment

If you desire one-on-one academic and/or professional development consultations with the MFP Executive Program Consultant, Dr. Freida Outlaw; MFP Statistician Dr. Hossein Yarandi, or any of the MFP participating Alumni, please contact Janet Jackson, MFP Project Director, at janet.jackson@ana.org prior to the Institute or on site to schedule an appointment.

Photography and Videography

MFP staff will take pictures and/or record video throughout the Institute. The photos and video will be used to publicize the event and/or produce promotional literature and products for public release. Individuals photographed or videotaped will receive no compensation for the use of photos or videos bearing their image. Institute participants will be deemed to have consented to the use and release of photos or videos in which they appear. Participants opposed to being photographed or videotaped must immediately notify the photographer and MFP program staff if they are photographed or videotaped.

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NURSING: Creating a Bridge to Health Equity for Indigenous People
ACKNOWLEDGMENTS

We wish to acknowledge the many people who came together to plan the first Intensive Training Institute in Alaska. Many thanks to the planning committee for your tireless efforts to turn ideas, proposals and concepts into reality, Dr. Bernice Carmon at the University of Alaska at Anchorage, Linda Oxley at the Alaska Native Medical Center, presenters and ANA Meetings Department for logistical support. We appreciate each of you for your contributions and investment in your time and resources; we could not have planned it without your abiding support - Thank You!

SAVE THE DATE  2017 Intensive Training Institute
February 2017
Phoenix, Arizona
NURSING: Creating a Bridge to Health Equity for Indigenous People

HILTON ANCHORAGE - SECOND FLOOR

ALASKA BALLROOM

ALEUTIAN ROOM

ALASKA ROOM

DENALI ROOM

BRISTOL BAY BALLROOM

DILLINGHAM ROOM

KATMAI ROOM

KING SALMON ROOM

ILIAMNA ROOM

KENAI ROOM

PORTAGE ROOM

SUSITNA ROOM

PRUDHOE BAY ROOM
NURSING: Creating a Bridge to Health Equity for Indigenous People

Function Space Layouts

West Tower

Second Floor

Fifteenth Floor
NURSING: Creating a Bridge to Health Equity for Indigenous People

NOTES
NURSING: Creating a Bridge to Health Equity for Indigenous People
Apply for Tuition and Stipend Support!

The SAMHSA Minority Fellowship Program (MFP) provides opportunities for minority psychiatric nurses to attain masters and doctoral degrees in mental health and substance abuse disorders prevention, treatment, and recovery across the life span.

**MFP- TRADITIONAL**

Full-time behavioral health nurses pursuing a doctoral degree in Psychiatric Mental Health or Substance Abuse.

Able to demonstrate a commitment to a career in substance abuse and/or psychiatric mental health issues affecting minority populations.


**MFP- YOUTH**

Students admitted to or currently matriculating in a full-time accredited master’s degree program in behavioral health (psychiatric nursing) or substance abuse disorders prevention and treatment.

Committed to developing a career that focuses on providing behavioral health services to children, adolescents, and youth transitioning into adulthood (16–25).
Funding for this Intensive Training Institute was made possible (in part) by Grant Number 5T06SM060559-05 and Grant Number 1T06SM061725-01 from SAMHSA. The views expressed in written training materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.