

A night-time photograph of the Nashville skyline, featuring the prominent AT&T Building with its illuminated spire. Other skyscrapers and city lights are visible, with their reflections shimmering on the water in the foreground.

# Policy Driven Health Care: Implications for Practice, Research and Education for Minority Populations

## Summer MFP Training Institute

Substance Abuse and Mental  
Health Services Administration

Minority Fellowship Program  
at the American Nurses Association

June 28 - July 1, 2018  
Renaissance Nashville Hotel  
Nashville, Tennessee



## INTRODUCTION

The Substance Abuse and Mental Health Services Administration (SAMHSA) supports the Minority Fellowship Program at the American Nurses Association. It is one of the most innovative and effective models in the United States for the education of ethnic/minority nurses and other professionals in behavioral health disorders prevention and treatment. The MFP model has been recognized in national and international communities for its outstanding graduates and their contributions to the elimination of health disparities and the enhancement of well-being.

## THEME

Policy Driven Healthcare: Implications for Practice, Research and Education for Minority Populations.

## LEARNING OBJECTIVES

**At the end of this conference and institute, participants will be able to:**

- Discuss the definition of health policy and the concepts, principles, and scientific skills necessary for health services policy development and evaluation;
- Describe initiatives implemented that influence health policy agendas at the local, state, and national levels;
- Explain the current research related to mental health and violence;
- Discuss the science of toxic stress and Adverse Childhood Experiences (ACEs) and the use of trauma informed schools to mitigate the negative effects;
- Identify innovative strategies for translating research into practices to reduce health disparities.

## METHODS

- Presentations
- Informal Discussions and Networking
- Community Engagement

Intensive Training Institute Twitter Hashtag  
**#MFP2018ITI**

## PROGRAM AGENDA

**THURSDAY, JUNE 28, 2018**

5:00 – 7:00pm

Renaissance Hotel

TIME	AGENDA	LOCATION
5:00 – 7:00pm	<p><b>OPENING SESSION</b></p> <p><b>WELCOME &amp; INTRODUCTORY REMARKS</b></p> <p>Mentoring Program Implementation: Phase 3 Introduction of assigned Mentor/Mentee Triads</p> <p>Graduation Ceremony</p>	<b>Ryman</b>

**FRIDAY, JUNE 29, 2018**

8:00am – 4:30pm

Renaissance Hotel

TIME	AGENDA	LOCATION
8:00 -9:00am	<p><b>Breakfast</b></p> <p><b>How Learning History Can Help Us Make Better Policies about Race, Stigma, and the Diagnosis of Mental Illness</b></p> <p><b>Jonathan M. Metzl, MD, PhD</b> Frederick B. Rentschler II Professor of Sociology and Medicine, Health and Society, Director, Center for Medicine, Health, and Society Professor of Psychiatry Vanderbilt University <a href="http://www.jonathanmetzl.com">http://www.jonathanmetzl.com</a></p>	<b>Belmont Foyer</b>

<p>9:00-10:30am</p>	<p><b>Panel Discussion: Practical Applications of Health Policy at the Local, State and National Level</b>  <i>Virginia Trotter Betts, JD, RN, FAAN (State)</i>  <i>Sheriff Daron Hall (Local)</i>  <i>Representative Jim Cooper (National)</i></p>	<p><b>Belmont 2-3</b></p>
<p>10:30–11:45am</p>	<p><b>Mental Health and Violence</b>  <i>Kimberly Brown, PhD, ABPP</i>          Associate Professor of Clinical Psychiatry and Behavioral Sciences, Department of Psychiatry and Behavioral Sciences          Vanderbilt University Medical Center  <a href="https://www.vumc.org/forensic-psychiatry/person/kimberly-brown-phd-abpp">https://www.vumc.org/forensic-psychiatry/person/kimberly-brown-phd-abpp</a></p>	<p><b>Belmont 2-3</b></p>
<p>11:45 am – 12 Noon</p>	<p><b>Break/Transition to Lunch</b></p>	
<p>12:00 – 1:00pm</p>	<p><b>LUNCH</b>  <b>Translating Research into Practice: Innovative Approaches to Reduce Health Disparities among African Americans</b>  <i>Velma McBride Murry, PhD</i>          Endowed Lois Autrey Betts Chair of Education and Human Development, Vanderbilt University’s Peabody College and Joe B. Wyatt Distinguished University, the Co-Director of the Vanderbilt Medical Center  <a href="https://www.vumc.org/health-policy/person/velma-mcbride-murry-phd">https://www.vumc.org/health-policy/person/velma-mcbride-murry-phd</a></p>	<p><b>Belmont Foyer</b></p>
<p>1:00 – 4:30pm</p>	<p><b>Doctoral Track: Alumni Presentations</b></p> <p><b>Profiles that Predict Depression and/or Anxiety in Adolescents aged 12-17 years</b> LaKeetra Josey, PhD, CRNP, PMHNP-BC</p> <p><b>Medication Assisted Treatment for Substance Use Disorders</b>          Phyllis Raynor, PhD, PMHNP-BC, APRN</p> <p><b>“Thoughts can kill you,” Mental Health Implications of Loss, Caregiving, and Coping as Experienced by Grandparent-Caregivers for Grandchildren Affected by HIV in Uganda</b>          Schola Matovu, PhD, RN, MSN, BSN</p>	<p><b>Belmont 2-3</b></p>

*Using Photo voice to Understand Stress and Coping in African American Women of Caregivers of Children with Chronic Conditions: A Pilot for Intervention Development*  
Shaquita Starks, PhD, RN, APRN, FNP-BC, PMHNP-BC

**Master's Track**

**Panel Discussions: Issues in Clinical Practice for the New Practitioner**

LaKeetra Josey, PhD, RN, PMHNP-BC

Freida Outlaw, PhD, RN, FAAN

Tanya Sorrell, PhD, RN, PMHNP-BC

Audrey Strock, MSN, RN, NP

The 3.5 hour session will include a structured panel presentation covering specific topics from the clinical experience of panelists and an informal, interactive exercise with MFP-Y Fellows. The interactive exercise involves informing MFP-Y Fellows before the conference to come prepared with specific clinical scenarios that have caused them concern(i.e. issues with pharmacological regimens, working with difficult staff, patients etc.) and work during the session with other Fellows and Panelists to formulate likely solutions.

**4:30pm**

**Mentor/Mentee Networking/Dinner on your own**

**SATURDAY, JUNE 30, 2018**

**8:00am – 4:00pm  
Renaissance Hotel**

TIME	AGENDA	LOCATION
8:00 – 10:00am	<p><b>BREAKFAST</b></p> <p><b>Film: Resilience: The Biology of Stress &amp; The Science of Hope</b> One hour documentary that delves into the science of Adverse Childhood Experiences (ACEs) and the birth of a new movement to treat and prevent toxic stress.</p>	<b>Belmont Foyer</b>
10:00 – 11:00am	<p><b>“The Mitigating ACEs through Trauma-Informed School Practices Initiative in Metro Nashville”</b> <i>Mary Crnabori, PhD, BCBA</i> Trauma Informed School Coordinator, Department of Student Services, Social Emotional Learning, Metro Nashville Public Schools <a href="https://www.mnps.org/blog/2017/10/13/metro-schools-serves-as-pilot-for-governors-ace-grant">https://www.mnps.org/blog/2017/10/13/metro-schools-serves-as-pilot-for-governors-ace-grant</a></p>	<b>Belmont 2-3</b>
11:00am – 12noon	<p><b>Faculty Success Program Overview</b> Eugenia Isabel Flores Millender, PhD, RN, PMHNP-BC, CDE Austin Nation, PhD, RN, PHN</p>	<b>Belmont 2-3</b>
12:00-1:00pm	<b>Transition to Community Engagement Activities</b>	
1:00 – 4:00pm	<p><b>COMMUNITY ENGAGEMENT ACTIVITIES</b></p> <p><b>Thistle Farms</b> <i>Lunch</i> <a href="https://thistlefarms.org/pages/our-mission">https://thistlefarms.org/pages/our-mission</a></p> <p><b>My HOUSE – Nashville CARES</b> <a href="https://www.myhousenashville.org/home">https://www.myhousenashville.org/home</a></p>	
4:00-5:00pm	<b>Transition back to the hotel – Mentor/Mentee Networking</b>	
6:00-8:00pm	<b>Dinner: Mentor/Mentee Structured Activity</b>	<b>Ryman</b>

**SUNDAY, JULY 1, 2018**

**8:00am – 1:00pm**

**Renaissance Hotel**

TIME	AGENDA	LOCATION
8:00– 9:00am	<p><b>BREAKFAST</b></p> <p><b>American Academy of Nursing: History, Facts and Frequently Asked Questions</b>  <i>Freida H. Outlaw, PhD, RN, FAAN</i>                      Academic Program Consultant                      SAMHSA MFP/ANA</p> <p><i>John R. Lowe, PhD, RN, FAAN</i>                      Chair, MFP National Advisory Committee</p>	<b>Belmont Foyer</b>
9:00-10:00am	<p><b>Work, Life, Family and Well-Being</b>  <i>Kimberlee Wyche-Etheridge, MD, MPH</i>                      Assistant Director for Public Health Practice and Assistant Professor of Pediatrics, Meharry Medical College  <a href="https://mfdp.med.harvard.edu/cfmf/fellows/fellows-bios/kimberlee-wyche-etheridge-md-mph">https://mfdp.med.harvard.edu/cfmf/fellows/fellows-bios/kimberlee-wyche-etheridge-md-mph</a></p>	<b>Belmont</b>
10:00am – 12:00pm	<p><b>Track 1: Yoga for Everybody</b>  <i>Udaya Thomas, MSN, MPH, ARNP, CYT</i>                      (Current MFP Fellow)</p> <p><b>Track 2: Mindfulness: Calming your Mind</b>  <i>Elmo Shade</i>                      Principle of Mindful Foundations  <a href="http://halemindandbody.com/portfolio/elmo-shade/">http://halemindandbody.com/portfolio/elmo-shade/</a></p>	<b>Ryman Foyer</b>  <b>Belmont</b>
12:00m 12:45pm	<p><b>Talking Circle</b></p> <p><i>John Lowe, PhD, RN, FAAN</i>                      Chair, MFP National Advisory Committee</p>	<b>Ryman Foyer</b>

12:45-1:00PM

**ADJOURN  
BOX LUNCHES TO GO!**

**Belmont**

**2019 Intensive Training Institute in  
collaboration with the Center for Indigenous  
Nursing Research for Health Equity (INRHE) at  
Florida State University, Tallahassee, FL  
Date TBD**



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